

IQF Broccoli Cuts (Grade A)

INDEX OF QUALITY			
Ingredients	Broccoli. Product contains no additives or artificial preservatives.		
Variety	Acceptable freezing variety and manufactured in accordance with Good Manufacturing Practices.		
Maturity	Young and tender meaning that not less than 90% of the head material shows practically compact head clusters and individual bud clusters all practically closed and the remaining tender. Compact buds are indicative of early maturity.		
Cut	Product consists of broccoli stalks (that are not less than 18mm in length and not greater than 25 mm) and at least 35% of florets (20-40 mm range). Broccoli cuts must not contain any over mature fiber. Practically uniform in size, not more than 10% of the units by weight shall be less than these measurements.		
Blanching	Product is blanched sufficiently to inactivate the peroxidase enzyme system.		
Freezing Technique	Individual Quick Frozen (IQF).		
Organoleptic	Product possesses a good characteristic normal flavor and aroma, and appearance of		
	broccoli. Free from objectionable flavor and odors of any type.		
Color	broccoli. Free from objectionable flavor and odors of any type. The broccoli possesses a characteristic green color which may include lighter colored areas typical of young and tender broccoli. Product shall consist of bright green to light green stalks with dark green head material. Maximum tolerance for color variation (including seriously discolored units) is 5% total by weight.		
Color Major Defects	The broccoli possesses a characteristic green color which may include lighter colored areas typical of young and tender broccoli. Product shall consist of bright green to light green stalks with dark green head material. Maximum tolerance for color variation		
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Major Defects	The broccoli possesses a characteristic green color which may include lighter colored areas typical of young and tender broccoli. Product shall consist of bright green to light green stalks with dark green head material. Maximum tolerance for color variation (including seriously discolored units) is 5% total by weight. No tolerance for foreign matter such as wood, stones, glass, plastic, metal or hair. Not more than 2 units or 20% by count (whichever is greater) may show damage caused by		

FOOD SAFETY STANDARDS

HACCP Required

Non-GMO The product has not been genetically modified. It does not contain ingredients which have been genetically modified or issued from a genetically modified product.



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Revision : 08

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Pesticides Maximum residue levels established/regulated by Health Canada and the Pest Control

Products Act are respected.

Microbial Standard Must be met at the plant level on domestic production and at the time of entry into Canada in the case of imported products.

3 Class Plan

	n	С	m	Μ
Total Plate Count (TPC)	5	2	100,000 CFU/g	250,000 CFU/g
Total Coliforms	5	2	100 CFU/g	1000 CFU/g
Escherichi coli	5	0	10 CFU/g	
Listeria monocytogenes	5	0	100 CFU/g	
Salmonella	5	0	Negative/25g	

n = number of samples to be tested from a particular lot number.

c = maximum number of samples allowed to be between m and M.

m = microbiological limit which separates good quality from marginally acceptable quality

M = microbiological limit which separates marginally acceptable quality from defective quality.

Allergens

The product is free of all priority food allergens identified by Health Canada and the CFIA.

The product does not contain the following:

- peanuts or its derivatives
- tree nuts or their derivatives
- sesame seeds or its derivatives
- milk or its derivatives
- eggs or its derivatives
- soy or its derivatives
- shellfish and mollusks or their derivatives

- fish or its derivatives
- wheat or its derivatives
- sulphites
- gluten
- mustard
- monosodium glutamate
- corn
- celery

An allergen control program is in practice to prevent cross-contamination of the product with allergens which may be present in other products manufactured on the same line or present in the same manufacturing plant.



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Nutrition Facts

The values are expressed as units per 100 grams (approx. 3.5 oz serving). These values are calculated using USDA data. Actual analysis of different lots may vary.

Nutrient per 100g			
Calories	26.00		
Fat (g)	0.29		
Saturated Fat (g)	0.04		
Trans Fat (g)	0		
Cholesterol (mg)	0		
Sodium (mg)	24.00		
Potassium (mg)	212.00		
Total Carbohydrates (g)	4.78		
Dietary Fiber (g)	3.00		
Total Sugars (g)	1.35		
Added Sugars (g)	0		
Protein (g)	2.81		
Vitamin A (RAE)	51.70		
Vitamin C (mg)	56.40		
Vitamin D (mcg)	0		
Vitamin E-Alpha Toco (mg)	1.22		
Calcium (mg)	56.00		
Iron (mg)	0.81		
Ash (g)	0.66		
Water (g)	91.46		
USDA code: 11092/ESHA code: 5735			

Valeur nutritive Per 3/4 cup (85 g) pour 3/4 tasse (85 g)				
Calories 20	% Daily Value* % valeur quotidienne*			
Fat / Lipides 0.2 g	1 %			
Saturated / saturés + Trans / trans 0 g	0g 0%			
Carbohydrate / Gluc	ides 4 g			
Fibre / Fibres 3 g	11 %			
Sugars / Sucres 1 g	g 1%			
Protein / Protéines 2	g			
Cholesterol / Choles	térol 0 mg			
Sodium 20 mg	1 %			
Potassium 175 mg	4 %			
Calcium 50 mg	4 %			
Iron / Fer 0.75 mg	4 %			
Vitamin A / Vitamine A	40 mcg 4 %			
Vitamin C / Vitamine (C 48 mg 53 %			
Vitamin D / Vitamine I	D0mcg 0%			

Cooking Directions Place frozen vegetables in a small amount of boiling water. Cook until desired tenderness. Cooking time for frozen vegetables is shorter than for fresh ones, drain thoroughly, season to taste. Cooking time may vary depending on the particular appliance used.

Packaging

Product Code 00160 Format 6 x 2 kg